# ON THE LIGHTER SIDE

THE CONTINENTAL 12 Yogurt, Fresh Fruit, Muffins, Breakfast Pastries, Sweet Butter, Assorted Jams

MARKET FRUIT & BERRIES 9
Selection of Seasonal Fruits

BERRY & GREEK YOGURT PARFAIT 10 Wild Flower Honey, Berries, Granola, Flaxseed

SELECTION OF CEREALS 8 Selection of Kashi Cereals, Mixed Berries or Bananas

STEEL CUT OATMEAL 8 Golden Raisins, Brown Sugar, Dried Cranberries, Pecans

SMOKED SALMON PASTRAMI 15
Toasted Bagel, Red Onion, Hard Boil Egg, Tomato,
Capers, Lemon Cream Cheese, Microgreens

### BUILD YOUR OWN OMELET 14

Served with Breakfast Potatoes or Grilled Tomato

CHOOSE ONE: Swiss, Cheddar, Goat Cheese, American

CHOOSE ONE: Sausage, Bacon, Ham, Chicken, Shrimp, Turkey

CHOOSE THREE: Sweet Peppers, Onions, Spinach, Tomato, Asparagus



### BREAKFAST PLATES

BREAKFAST SANDWICH\* 10 Two Eggs Your Style, Smoked Bacon, Tomato, Cheddar on Brioche

AMERICAN BREAKFAST\* 16 Two Eggs Your Style, Applewood Smoked Bacon or Sausage Links, Breakfast Potatoes, Toast, Preserves, Juice or Coffee

EGG WHITE OMELET 14
Baby Spinach, Onions, Cheddar, Tomato & Arugula Salad

COUNTRY OMELET 14
Hand Whipped Three Egg Omelet, Cured Ham,
Sliced Mushrooms, Tomatoes, Sweet Onions, Aged Cheddar
or Swiss Cheese, Breakfast Potatoes, Toast, Preserves

SPANISH FRITTTATA 14
Asparagus, Tomato, Onions, Potatoes, Chorizo or Shrimp, Manchego Cheese, Choice of Breakfast Meat

STEAK & EGGS\* 20 Mini Cornbread Loaf, Tasso Ham Gravy, Asparagus Salad

CRÈME BRULEE FRENCH TOAST 14 Sliced Challah, Maple Syrup, Powered Sugar, Caramelized Buttered Pears

CRISPY BELGIAN WAFFLE 15 Warm Maple Syrup, Powdered Sugar

BLUEBERRY PANCAKES 15 Pecan Butter, Maple Syrup, Berries

**Executive Chef Oscar LaFuente** 

We at Social Bar & Kitchen would like to recognize the purveyors & artisans who enrich our menus with their fresh ingredients.

555 South McDowell Street, Charlotte, North Carolina 28204
\*These items may be undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

#### LITTLE EXTRAS

MEATS & SMOKED FISH Applewood Bacon 6 Chicken Apple Sausage 6 Pork Sausage Links 6

Smoked NC Trout 8

Smoked Salmon

SIDES

Breakfast Potatoes 5 Grilled Tomato 5

BAGEL 6 Philadelphia Cream Cheese

PASTRIES 7
Fresh Muffin, Croissants or Danishes, Preserves & Butter

TOAST 6 Whole Wheat English Muffins, Wheat, Rye, or White, Preserves and Butter

# **BEVERAGES**

FRESH BREWED STARBUCKS COFFEE
REGULAR OR DECAFFEINATED
Cup 4
Small Pot (Up to 3 Cups) 10

SPECIALTY COFFEE
Cappuccino 5.50
Espresso 4.50

Large Pot (Up to 5 Cups) 20

HOT CHOCOLATE 4

SELECTION OF TAZO TEAS 4
Awake Black Tea, Earl Grev. Black Tea

Awake Black Tea, Earl Grey, Black Tea, Zen Green Tea, Lotus Decaf Green Tea, Refresh Decaf Mint Tea, Wild Sweet Orange or Calm Herbal Infusion

JUICE Fresh Orange or Grapefruit 8 Apple or Cranberry 6

MILK 6 2%, Skim, Soy, Whole or Chocolate

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